NJPC's impact by the numbers:

- Trained 3,200+ parents
- Supported the parents of 5,000+ children and youth
- Restored hope in 1.9K children
- 20K parents have graduated from the Parent Advocacy Training

Parent advocacy training can:

- Close the gaps in public knowledge about mental health services
- Increase children's access to mental health services
- Increase the use of appropriate mental health services for children
- Foster community engagement and social support
- Increase parents' self-esteem and confidence
- Improve children's self-esteem and confidence
- Increase children's hopefulness
- Increase children's academic progress
- Increase children's quantity of friends
- Increase children's quality of friends
- Increase children's child's attitude

Post-PPA graduation outcomes:

- 145 participants in ongoing survey
- 89% had a child with a disability

Survey findings:

- When asked if they feel the care is well tailored to their child's needs, 61% responded positively.
- 32% felt the care was tailored to their child's needs, while 5% said the care was not tailored.

NJPC efforts:

- NJPC helps parents through informed decision-making and support.
- NJPC works to reform systems and increase accessibility of government programs.
- NJPC promotes the use of appropriate mental health services and fosters community engagement.

A quote from a survey participant:

"The NJPC can help!! We offer helpful information and resources. I'm grateful for the support and guidance I've received through the NJPC Parent Advocacy Training."