



Helping Parents Help Their Children

***The Parents' Empowerment Academy: Professional Parent Advocacy Training
Empowering the Parent & Family Team***

NJPC is offering a FREE five-week Professional Parent Advocacy Training program for parents, grandparents, foster parents, and other caregivers raising children with emotional and behavioral challenges who are involved in the mental health, juvenile justice and/or child welfare system. Parents and caregivers attending the training are given the opportunity to strengthen their knowledge of the systems that serve their families, their rights and responsibilities within those systems, and the advocacy, professional, and collaborative skills needed to successfully negotiate those systems. Parents and family members will become better able to advocate for themselves and their communities, resulting in increased access to appropriate care and treatment for all children. The Professional Parent Advocacy Training is approved for foster, adoptive and kinship training credit through NJDCF. Lunch will be served and early registration is recommended.

Location:

Marriott Residence Inn, 3 Gatehall Dive, Parsippany, NJ 07054

Time:

10AM to 4PM

Instructors:

Pamela Benjamin, Parent, Director of Operations; Karen Helmstetter, MA, Certified Teacher, Parent, PPAT Graduate; Linda McConneyhead, NJPC Chapter Director, Parent, PPAT Graduate; Jose Andres Rosario, NJPC Youth Policy Advocate, NJPC Youth Caucus Member; Kathy Wright, MS, Parent, NJPC Executive Director, 2014 NJJN Fellow.

April 18, 2020

Introduction to Professional Parent Advocacy
Empowering the Parent Voice: Motivation & Assertiveness
Conflict Resolution Skills & The Power of Persuasion
Empowering vs. Enabling
Professionalism & Communication Skills

April 25, 2020

Understanding Childhood Mental Health Challenges & the DSM V

May 2, 2020

Navigating the Special Education System & the IEP Process

May 9, 2020

Understanding the Child Welfare System: NJ DCP&P
Family Guide to Navigating the Juvenile Justice System in NJ
Ensuring Cultural Competency & Diversity in the Child-Serving Community
Collaborating with Agencies Dedicated to Children & Families

May 16, 2020

Introduction to Collaborating with Policymakers in NJ
Train the Trainer - Empowering the Parent Trainer

TBA

Graduation



Empowering the Statewide Parent Movement

Parents and caregivers are encouraged to use their newly trained skills to deliver Parent Advocacy Workshops in their local community with the support of NJPC and other certified parents throughout the state. To register, or for additional information, call Pamela at 908-994-7471, 888-548-6572 (NJPC), email registration form to Pamela Benjamin, info@njparentcaucus.org or fax to 973-695-2309.

Name _____

Address _____

City, State Zip _____

County _____

Phone _____

Email _____

Parent _____

Provider/Professional _____

www.newjerseyparentscaucus.org